You have been provided with a free Raizer Chair and demonstration as part of:

'Cornwall's Care Settings, Falls Improvement Programme'. For any queries or further support please contact:

The Clinical Nurse Specialists in the Care Support Team: cft.cchsn@nhs.net, 01872 303770



Prevention and Enhancing Health

GOOD QUALITY, ENABLING CARE HAS A POSITIVE IMPACT ON REDUCING FALLS.

"REACT" - RISKS, ENVIRONMENT/EQUIPMENT, ACTIVITY, COMMUNICATION, TOILETING <u>www.reactto.co.uk</u> Also consider:

- •Medicines optimisation- ask you pharmacist
- •Food, fluids, bowels and 'sit less move more'- ask your Clinical Nurse Specialist in the Care Support Team. There are also the Specialist Falls Practitioners in Cornwall Foundation Trust for advice: cft.cchsn@nhs.net





Care Setting response and support

FLEET & TRI-SERVICE OFFER

Free Raizer Chair and demonstration visit to all Care Settings in Cornwall.

- •Care Support Team can help with assessment and advice, sharing risk and accountability: 01872 303770
- •Consider use of SWAST post falls decision making tool / Pragmatic Head Injury Guidance
- •The Clinical Nurse Specialists can also do follow up visits in care settings to work with staff to reduce incidence and improve experience around falls

Urgent and Emergency Care response For MORE COMPLEX FALLS the care staff may need a more specialist assessment and treatment intervention.

- Care Support Team can help with onward referral, assessment and advice, sharing risk and accountability: **01872 303770**
- They can refer to the Assessment and Treatment Falls Car for urgent response and management of complex falls in care settings.